

HOMEMADE SALT GLITTER RECIPE

Shop bought glitter may be pretty and sparkly, but because its made up of lots of tiny pieces of micro plastic, it's really bad for the environment.

Here at Rags and Rainbows we love our beautiful planet and all of its wildlife, and we like to make things ourselves without causing our beautiful creatures any harm, so have found a recipe for turning ordinary salt into colourful glitter.

You can mix up a quick batch with food coloring in a small container (tiny washed out food jars are ideal), or if not a sealable plastic bag. (We're not a fan of plastic here either, but most households tend to have old plastic bags left over from packaging, so better to re-use and recycle)!

You can also take it a step further and bake it in the oven to help it last a little longer. If you want a really bright art supply, why not try mixing glow-in-the-dark paint with the salt for neon glitter.

Salt glitter may not sparkle quite like real glitter, but you can whizz it up whenever you like in minutes, or even try using sea salt for a chunkier look!

- Pour some salt into a sealable bag or small container.
You'll need a separate container or bag for each colour of glitter that you want to make.
- Fill it with as much salt as you would like, but don't fill it too much as it will be hard to shake or mix.
- You can use any type of salt that you like, regular table salt is fine, However, coarser salts, like Sea salt or Kosher salt work best.
You can even use Epsom salt, which tends to sparkle on its own.
- Keep in mind that the amount of salt you use is the amount of glitter you'll be making, a little glitter goes a long way
- Add a few drops of food colouring to the bag or container, start out small for pastel shades, adding more drops for vibrant colours
- Seal bag or container tightly and shake thoroughly to mix. Add more drops of colour and repeat if necessary until you're happy with colour
- Open container or bag and put glitter somewhere warm and dry for a couple of hours to dry out. Larger batches of glitter may take longer overnight is ideal.

To make salt glitter last longer you can also bake it in the oven, just preheat oven to 350 degrees Fahrenheit (about 180 degrees Celsius), and when oven is fully heated spread glitter onto a greaseproof sheet on a baking tray. Bake for about 10 -15 minutes or until glitter has dried out, keep checking to make sure that it doesn't burn.

Leave to cool for about 25 mins then glitter is ready to use!

*Always supervise children when making glitter, particularly if using the oven

**Although salt glitter is edible, we wouldn't advise eating as it just tastes bad!